



LIFE GROUP LEADER DISCUSSION GUIDE

Receiving What Jesus Gives

Mark 14:12–25 • Nov 1, 2026 • 35 minutes

Aim Understand how Jesus speaks of his coming death at the Passover meal and respond with trust and gratitude.

Before you lead

Read Mark 14:12–25. Notice the preparations, Jesus' announcement of betrayal, and his words over the bread and cup. Keep the discussion rooted in his self-giving. Do not speculate about which person in our group resembles Judas or turn the conversation into a debate over church practices.

Ask the main questions first. Use the follow-ups when the group needs help going deeper; the leader notes are for your preparation. Give people time to answer, and ask them to point to the verses behind their observations.

Suggested timing Welcome, prayer, and reading 4 min • Head 7 min • Heart 12 min • Hands 9 min • Closing prayer 3 min

HEAD

Understand the passage

Read Mark 14:12–25 aloud from the ESV. Keep the passage open throughout the discussion.

1. How do the disciples prepare for the meal in verses 12–16?

Follow-up: What do they find when they follow Jesus' instructions?

Leader note: Observe the details before drawing conclusions. The meal unfolds under Jesus' direction.

2. How do the disciples respond when Jesus announces that one of them will betray him in verses 17–21?

Follow-up: What makes betrayal at this table especially painful?

Leader note: Jesus speaks of betrayal by someone sharing his meal. Scripture's fulfillment does not erase the betrayer's responsibility.

3. What does Jesus say about the bread, the cup, and the future in verses 22–25?

Follow-up: How do his words help explain his coming death?

Leader note: Focus on his body, his covenant blood given for many, and the hope of God's kingdom.



HEART

Examine our motives

Choose a follow-up when it helps someone explain an answer. Allow people to share honestly without pressing them to disclose more than they are ready to share.

4. What makes it hard for you to receive what Jesus gives freely?

Follow-up: Do you ever feel you have to prove yourself worthy of his care before you can receive it?

Leader note: Invite trust in Jesus rather than turning his gift into another achievement.

5. When do familiar acts of worship start to feel routine to you?

Follow-up: What helps you pay attention again?

Leader note: Let the meal's meaning guide reflection without judging another person's outward expression.

6. How does Jesus' willingness to give himself affect the way you see your failures?

Follow-up: What would an honest response to him look like?

Leader note: Make room for confession and hope. Avoid asking the group to identify hidden betrayers.

HANDS

Put the passage into practice

7. How could you prepare thoughtfully for the next time our church shares the Lord's Supper?

Follow-up: What truth from this passage do you want to remember?

Leader note: Follow the church's guidance and connect preparation with gratitude, trust, and honest self-examination.

8. In which relationship do you need the humility that can come from receiving grace?

Follow-up: What could you do this week to seek peace?

Leader note: Keep reconciliation wise and truthful. Forgiveness does not mean concealing harm or bypassing accountability.

Close in prayer

Thank Jesus for giving himself for sinners. Confess our need, receive his grace with gratitude, and look forward with hope to his kingdom.